



## POST TREATMENT INSTRUCTIONS:

### SKINPEN MICRONEEDLING

We hope you had a wonderful experience in clinic today & look forward to seeing you again soon!

★If you enjoyed your visit please leave a Google Review via this link★:

<https://g.page/r/CcRy6UGw-wCiEBM/review>

After your procedure today, it is important to follow any specific instructions provided to you by the clinician.

If you have any questions about those instructions, please ask your clinician to clarify them for you.

- Do not use any other products apart from the homecare given for the first 24 hours. Unexpected complications can occur when products not proven safe for use with microneedling are applied post procedure.
- Apply Rescue calming complex (white tube) as much as needed to help soothe and calm the skin for the first 24 hours.
- Avoid sun exposure the day of the procedure as you will not be wearing SPF. You may return to SPF use after 24 hours, continue to minimise sun exposure for 72 hours following treatment
- Avoid strenuous exercise or excessive perspiration for 72 hours following treatment
- Avoid use of active skincare products such as retinoids, vitamin and acids for 1 week following treatment

#### **Treatment Maintenance:**

Recommended repeat sessions every 2 to 4 weeks, recommended 3 sessions every 6 months. This advice may vary dependant on skin type.